

Programme and Pedagogical Organisation

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COMMON SERVICE OF CONTINUOUS
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Certifications and References

- Filed at INPI n°18 4 458 142
- SEFCA - DATADOCK referenced
- SEFCA - ISO 9001 certified
- SEFCA - Qualiopi certified



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DE FORMATIONS CONTINUE
ET PAR ALTERNANCE (SEFCA)
UNIVERSITÉ
BOURGOGNE EUROPE

UFR STAPS
UNIVERSITÉ
BOURGOGNE EUROPE

TRAINING IN

« THERAPEUTIC TANGO »



UNIVERSITÉ
BOURGOGNE
EUROPE

2026

INFORMATION

Outline of the training

The training lasts 26 hours, over four days. The next coming sessions will take place on :

- Monday 23rd, Tuesday 24th, Wednesday 25th & Thursday 26th March 2026
- Monday 21st, Tuesday 22nd, Wednesday 23rd & Thursday 24th September 2026

Location

- Institut Marey - B64 Rue Sully, Dijon
 - UFR STAPS, 3 All. des Stades Universitaires, Dijon
- Université de Bourgogne - Campus de Dijon, FRANCE**
- Tramway T1 : Mazen-Sully, easy access from the train station

Admission

600,00 € per person

Compliance with health standards

- Frequent airing of the premises
- Use of hydroalcoholic gel recommended

PUBLIC

Professional caregivers :

- facilitators in Gerontology,
- nursing assistants,
- teachers of Adapted Physical Activity,
- nurses...

Volunteers, Families...

DESCRIPTION

The courses are based on the Dinzel System, a well articulated pedagogical teaching of the transmission and diffusion of tango, written by Gloria and Rodolfo Dinzel.

Gloria and Rodolfo were the first to use tango as a therapeutic treatment for Parkinson's disease patients and young people with Down's syndrome (trisomy 21).

Thomas Poucet, Tango Teacher, was trained in the Dinzel method directly by Rodolfo Dinzel himself.

All his work will be based on the foundations of this system, on Dance Movement Therapy, on the search for improvisation and freedom as the main elements of dance, to be shared with elderly people suffering from neurodegenerative disorders.

OBJECTIVES

Train professional gerontology caregivers to animate Tango workshops.

Monday - Institut Marey

9am - 9.30am - Introduction, administration and tour of the laboratory
Lucie DUTHU, Head of Training Engineering.
Pauline HILT, Inserm Research Fellow, Inserm Laboratory U1093 Cognition, Action, et Plasticité Sensorimotrice CAPS.

9.30am - 10am - Logistical arrangements for the 4 days
Mutual introductions, signing of authorisations and image rights, creation of a photo directory, choice of lunch options.
Anne BRAMARD BLAGNY, author, director, producer.

10am - 12pm - Link between Aging, Tango, Research
Jessica BAZIN, Adapted Physical Activity Teacher, Psychomotrician, PhD student, illustrated by demonstrations by and with Thomas POUCKET, tango teacher.

12pm - 1pm - Aging and motor control
Vianney ROZAND, University Lecturer.

2pm - 3.30pm - Agism
France MOUREY, Professor Emeritus, Université Bourgogne-Europe, Inserm CAPS.

3.30pm - 4.30pm - Introduction to the project Tango for Seniors
Origins of the concept & screening of the documentary « The Melody of Alzheimer's ». Introduction to the global project and of its deployment in France, in Europe, in the USA & in Latin America.
Anne BRAMARD BLAGNY.

Tuesday - UFR STAPS

9am - 10.30pm - Conference : «The History and Present Day of Tango»
Solange BAZELY, lecturer specialist of Tango culture.

11am - 12pm - Tango practice
Basics and fundamentals of Tango adapted to the needs of seniors.
Thomas POUCKET.

1pm - 4.30pm - Tango practice
Dissociation, Rhythm, Orientation. The connexion of «Abrazo» (embrace) : construction of the Abrazo, empathy & presence. Repetition & development of basic sequences with a dance partner.
Thomas POUCKET.

Wednesday - UFR STAPS

9am - 12pm - Tango practice
Improvisation, dialogue of the couple, possibility of error, uniqueness, expressive elements, sensibility, music.
Thomas POUCKET.

1pm - 4.30pm - Tango practice
Thomas POUCKET.

Thursday

9am - 12pm - Tango practice - UFR STAPS
Tango workshop set up by the trainees. Thomas POUCKET.

1pm - 4.30pm - Conclusion - Institut Marey
Final debriefing. Pauline HILT, Thomas POUCKET.
Anne BRAMARD BLAGNY for advice on project implementation.