

Programme and Pedagogical Organisation

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Certifications and References

- Filed at INPI n°18 4 458 142
- SEFCA - DATADOCK referenced
- SEFCA - ISO 9001 certified
- SEFCA - Qualiopi certified



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TRAINING IN

« THERAPEUTIC TANGO »



UNIVERSITÉ
BOURGOGNE
EUROPE

INFORMATION

Outline of the training

The training lasts 26 hours, over four days. The next coming sessions will take place on :

Monday 22nd, Tuesday 23rd, Wednesday 24th & Thursday 25th September 2025

Location

Institut Marey - B64 Rue Sully, Dijon, FRANCE
Université de Bourgogne - Campus de Dijon, UFR STAPS
Tramway T1 : Mazen-Sully, easy access from the train station

Admission

600,00 € per person

Compliance with health standards

- Frequent airing of the premises
- Use of hydroalcoholic gel recommended

PUBLIC

Professional caregivers :

- facilitators in Gerontology,
- nursing assistants,
- teachers of Adapted Physical Activity,
- nurses...

Volunteers, Families...

DESCRIPTION

The courses are based on the Dinzel System, a well articulated pedagogical teaching of the transmission and diffusion of tango, written by Gloria and Rodolfo Dinzel.

Gloria and Rodolfo were the first to use tango as a therapeutic treatment for Parkinson's disease patients and young people with Down's syndrome (trisomy 21).

Thomas Poucet, Tango Teacher, was trained in the Dinzel method directly by Rodolfo Dinzel himself.

All his work will be based on the foundations of this system, on Dance Movement Therapy, on the search for improvisation and freedom as the main elements of dance, to be shared with elderly people suffering from neurodegenerative disorders.

OBJECTIVES

Train professional gerontology caregivers to animate Tango workshops.

Monday 22nd September - Institut Marey

9am - 9.30am • Introduction and tour of the laboratory

Pauline HILT, Inserm Research Fellow, Inserm Laboratory U1093 Cognition, Action, et Plasticité Sensorimotrice CAPS.

9.30am - 11.30am • Aging and motor control

Jérémie GAVEAU, University Professor, Vianney ROZAND, University Lecturer.

11.30am - 12pm • Break

12pm - 1pm • Link between Aging, Tango, Research

Jessica BAZIN, Adapted Physical Activity Teacher, Psychomotrician, PhD student.

2pm - 3.30pm • Agism

France MOUREY, Professor Emeritus, Université Bourgogne-Europe, Inserm CAPS.

3.30pm - 4.30pm • Introduction to the project Tango for Seniors

Origins of the concept & screening of the documentary « The Melody of Alzheimer's ». Introduction to the global project and of its deployment in France, in Europe, in the USA & in Latin America.
Anne BRAMARD BLAGNY, author, director, producer

Tuesday 23rd September - UFR STAPS

9am - 10.30pm • Conference : the orchestras of the golden age of Tango

Solange BAZELY, lecturer specialist of Tango culture.

11am - 12pm • Tango practice

Basics and fundamentals of Tango adapted to the needs of seniors.
Thomas POU CET, Tango teacher.

1pm - 4.30pm • Tango practice

Dissociation, Rhythm, Orientation. The connexion of «Abrazo» (embrace) : construction of the Abrazo, empathy & presence. Repetition & development of basic sequences with a dance partner.
Thomas POU CET.

Wednesday 24th September - UFR STAPS

9am - 12pm • Tango practice

Improvisation, dialogue of the couple, possibility of error, uniqueness, expressive elements, sensibility, music.
Thomas POU CET.

1pm - 4.30pm • Tango practice

Thomas POU CET.

Thursday 25th September

9am - 12pm • Tango practice - UFR STAPS

Tango workshop set up by the trainees.
Thomas POU CET.

1pm - 4.30pm • Conclusion - Institut Marey

Final debriefing.
France MOUREY, Anne BRAMARD BLAGNY & Thomas POU CET.